

Ready!

Set!

Go!

## Breakfast Word Search

Find the following breakfast foods in the word search. Also look for the benefits that eating breakfast can provide.

Word may be written forward, backward or diagonally.

N O I R E W O P N I A R B L  
M S M F R U I T J U I C E A  
A P A N R S K I M M I L K E  
N A G P U T K A N A C E A R  
Y M I L P E G A S U A S C E  
T R N S P L O L B E R E N C  
I D A K L Y E E A N A N A B  
P S T I R U E W T S D F P U  
U A I N F H A N P O T B A R  
R P O T A T O W E D G E S R  
E R N Y M M J U I R N O C I  
W N U T R I T I O N G T O T  
O A Y M O T T R U G O Y D O  
P H T S A O T H C N E R F A

Cereal  
Energy  
Burrito  
Pancake  
Yogurt  
Apple

Fruit Juice  
Power Up  
Banana  
Imagination  
Nutrition  
Brain Power

Skim Milk  
Potato Wedges  
Fuel  
Sausage  
French Toast  
Ace

